

HEAT CLUB (aka Fitness & Nutrition) SPECIALIST

Employed by: Girls Club of Greenfield

Responsible to: Director, Asst. Director

Supervises: Sr. Counselors and Jr. Counselors

Purpose of job: To provide campers with structured games and activities while teaching about proper fitness and nutrition.

RESPONSIBILITIES:

1. To plan an educational 8 week program for children aged 4-12 which will explore fitness & nutrition concepts through organized sports, games and other activities. Submit detailed lesson plans a week in advance.
2. To implement this program in a positive, enjoyable manner.
3. Attend camp orientation and other staff meetings as scheduled. Participate in all camp activities including special events and Family Fun Day.
4. Maintain a safe and constructive environment for campers.
5. Model appropriate camp behavior, encourage campers and provide them with a positive view of themselves, others and the camp.
6. Prepare rainy day plans and implement when needed.
7. Plan and/or assist in implementing Camper's Chance activities throughout the camp season.
8. Follow the Girls Club behavior plan.
9. Must be able to lift 50 lbs.
10. Organize and maintain storage room and equipment storage areas including supplies, lesson plans and all other related equipment.
11. Any additional duties as assigned by the Director and Asst. Director.