

GIRLS CLUB OF GREENFIELD
Valley Play School
35 Pierce St.
Greenfield, MA 01301

INFANT SLEEP & SUPERVISION POLICIES

In order to protect the health and welfare of children and in keeping with the intent of regulations regarding SIDS risk reduction practices, every infant twelve months of age or younger must be placed on his/her back for sleeping, unless the children's health care professional orders otherwise in writing.

Children will nap in an individual crib. No child under 12 months of age will be placed in a crib containing pillows, comforters, stuffed animals or other soft, padded materials. Sitting devices will not be used for routine sleep.

No child shall be confined to a swing, high chair, crib, playpen or any other piece of equipment for an extended period of time in lieu of supervision.

The crib should be safety approved and marked with a tracking label and registration form. Slats should not be spaced more than 2 3/8" apart. The sides must always be up and locked when child is in crib. A firm mattress should be a snug fit for the crib. The space between the mattress edge and crib frame should not be more than the width of 2 adult-sized fingers and the mattress should have a tight-fitting sheet. Bumper pads should **not** be used. Sleepers and sleep sacks will be used instead of blankets.

The teacher should always place the infant on her/his back initially but for infants that can roll over on their own, repositioning on their backs is unnecessary.

Teachers should not disrupt their program activities if an infant falls asleep while outside, along as they are safely in a stroller. Teachers should take care not to over-bundle children in the winter or overheat children in the summer.

Teachers will receive safe sleep training every two years. New teachers must be trained in safe sleep practices PRIOR to caring for infants.

The Girls Club will train staff to follow these policies and provide a copy to parents.